



ANNUAL PROGRESS REPORT

APRIL 2013 TO MARCH 2014

SAMUHIK UTTHAN SEWA SAMITI

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Samuhik Utthan Sewa Samiti is a **Non Profit Organization** . It is registered under Society Registration Act 1860. We are specially working in women empowerment , rural development , spreading awareness, healthcare, providing self-employment , de-addiction, value based education, Against child labour, introduce new technologies to society. our organization is committed to uplift the weaker part of the society.

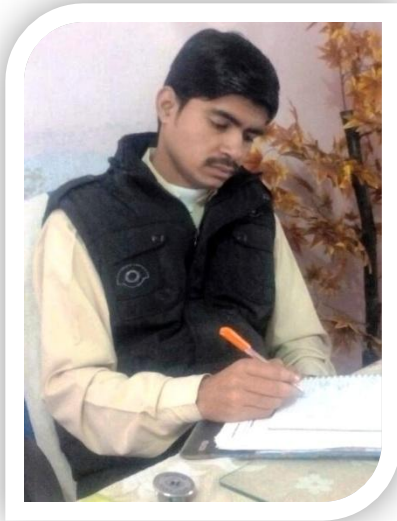
We are committed to undertaking various programs and activities for Women, Youth, Men, Children, Old age of the society irrespective of their caste, creed, age and religion, in rural, urban areas. we are realize the ideals and objectives of the constitution of India in order to protect, promote and advocate human rights.

We will also coordinate & import training in the relevant skills (including entrepreneurship) to poor people, youth, helpless women, farmers children, and help them in setting up self-employment ventures, or to upgrade their current tools & techniques—including access to e-commerce.

Our Objective:

- ❖ To raise the voice against exploitation, injustice and corruption if found against any individual, class, community To educate the people for adopting the good norms of a good citizen and to work for spreading the ideas of nationality among the people.
- ❖ To work for uplifting status of the women in the society. To work against dowry system and to raise voice against the victimization of girl/women by anybody in the society due to dowry related things.
- ❖ To work for tree plantation / pollution control.
- ❖ To help and generate training programme for self employment of women and educated unemployed people and to work for adult education.
- ❖ To create the means for providing medical assistance to the people suffering from diseases, Specially for helpless people.
- ❖ To provide help under health & nutrition services for women and children.
- ❖ To create Training/Education centre and health centre.
- ❖ To provide help/shelter/facilities for old people, children and disabled persons for their welfare.
- ❖ To work for uplifting poor rural/village people for their all round development.
- ❖ Provide scholarship/Financial help to poor rural/village people for their all around development.
- ❖ To provide help to people suffering from Natural calamities such as flood, Earthquakes, Rail
 - road accidents etc.
- ❖ To organize Blood donation camp and Medical diagnostic camp etc.
- ❖ To provide financial help to poor & helpless girls for their marriage.
- ❖ To provide free legal advice to poor people.
- ❖ To create awareness among the people regarding HIV/ AIDS etc.
- ❖ To educate people against taking drugs and Alcohol.
- ❖ To raise funds through collection, donation or subscription and other means and invest money or incur expenditure in such manner as shall promote the attainment of aims and objectives of the Samiti.

Foreword From President



Social Change is constant, continuous, unavoidable and inevitable. Social transformation is the result of positive actions to improve the environment in which marginalized/afflicted/affected are assisted to progress. Samuhik Utthan Sewa Samiti is a Change Maker and the communities which benefit are change recipients.

The theme of Annual Report 2013-14, projects Social Change/Transformation enabled by Samuhik Utthan Sewa Samiti during the past 5 years in client communities, depicted as case stories.

We have seen Change among women, youth & child, who were illiterates, run always, abused, exploited, denied of their fundamental rights and who got transformed to become educated, skilled, employed, independent, self-reliant, contributing to their families and communities.

We have enabled youth who would have been rag pickers, lumpens, undesirable characters, trouble makers into university graduates, skilled professionals, lucratively employed, and capable of challenging well endowed civil society combatants.

Women are dependent and restricted have become better informed, independent, self-reliant, freely interacting in public and emerged as decision makers for themselves and their families, who have empowered to be at par with men folk.

Over all the results of Samuhik Utthan Sewa Samiti operations, in the realms of socio-economic development of poor marginalized, segregated, exploited are impacting their lives positively.

In this successful endeavour, one should appreciate, recognize and laud the contribution made by the Members who Govern, workers who produce results. Let us congratulate and resolve to act decisively for the future to come.

OUR PROGRAMME

- ✚ Cultural Programme
- ✚ Child Labour Awareness Programme
- ✚ HIV/AIDS, TB, Cancer Awareness Programme
- ✚ Educational Programme for SC/ST & OBC Student
- ✚ Skill Development/Capacity Building Programme
- ✚ Family Planning & Welfare Programme
- ✚ Health Checkup Campaign
- ✚ Deaddiction Rehabilitation Programme
- ✚ Women Empowerment Programme
- ✚ Welfare of Old aged People Programme
- ✚ Consumer Awareness Programme
- ✚ Adult Education Programme
- ✚ Go Green Campaign
- ✚ Youth & Adolescent Development Programme
- ✚ Self Help Group Campaign
- ✚ Communal Harmony & National Integration Programme
- ✚ Anti Female Feoticide Programme
- ✚ Child Rights & RTE Programme
- ✚ RTI Awareness Programme
- ✚ ICT Training and Workshops
- ✚ Handicraft & Industrial Training Programme

De-addiction Rehabilitation Programme

This year's admitted 35 to 60 patient in our center "New Morning De Addiction Cum Rehabilitation Centre" which Run by Samuhik Utthan Sewa Samiti. **We have Lunched Helpline numbers (09795013869, 09161225944) which are working on 24×7 hours.** we are providing psychiatric care while integrating with Psychological & Social Support to both individual and family, the services offered by us include Indoor and Outdoor Psychiatric Treatment, Psychological Intervention Services, Psycho Diagnostic Lab, IQ Assessment Services, Personality Assessment Services, Child Guidance and Adolescent Clinic, Sexual Dysfunction Clinic, All type of Psychotherapies, Relapse Prevention Care Services, Yoga Therapy Services, Special Learning Disability Clinic & Mental Retardation Clinic.

The involved operations are led under the leadership of Dr Hari Singh (MBBS, MD-Psych) & Dr. Sunil Gupta (BAMS). Under his experienced guidance and approach, our team helps in understanding and providing solutions for Psychiatric and Psychological problems. Started with Acute management unit at 'New Morning De Addiction Cum Rehabilitation Centre' in Kanpur, we offer specialized treatment facilities for all psychiatric illnesses as well as other substance use disorder. We offer comprehensive treatment package for patients who have alcohol and drug dependence. 35 patient are discharge our center. All the patient is completely healthy and normal and they're all simple living.

Go Green Campaign



Samuhik Utthan Sewa Samiti organized a Tree Plantation in the Play Grounds of CSA Memorial Education Center, Yashoda Nagar, Kanpur and SVBP Inter Collage, Saket Nagar, Kanpur on 5th June, 2013 involving Student of the school and collages. Vijay Kumar Singh, President of 'Samuhik Utthan Sewa Samiti' says that we are facing many problems due to environmental degradation and weather changes resulting in climate change. Unaware and selfish developments of modern time pose big threats to the life on the earth.

Educational Programme for SC/ST & OBC Student



Samuhik Utthan Sewa Samiti runs Bhavishy Jyoti Learning Programme at Sanjay Gandhi Nagar, Kanpur on 13rd June, 2013 for SC/ST/OBC children's of neighbouring villages, focusing specially on grey areas like mathematics, English and computer literacy. Besides teaching English, the children's are involved in various extra-curricular activities like painting, drawing and sports.

Child Programme

In this regard Samuhik Uttan Sewa Samiti organizes draw competition for school children at SVBP Inter Collage, Saket Nagar, Kanpur on 29th August, 2013. The topics in the seminar are promote art & crafts designing.

Students need to understand that there is a real threat to crafts. Everyone and the institution they are part of, has to play the assigned role to the best of one's capability. Apart from getting theoretical knowledge, they are given some live projects so that the students can have some practical experience.

Family Planning & Welfare Programme



We organize a one day family planning workshop at Nasha Mukti Kendra, Yashoda Nagar, Kanpur on September, 2013. This workshop was related with this most effective subject “Family Planning” where our resource person Dr. Arun Uttam & Dr. Sunil Gupta (BAMS) told to patient and family that if we will do right and positive way then we will never fail in our life.

Skill Development/Capacity Building Programme



We organized Three months skill development programs at Sanjay Gandhi Nagar, Kanpur on 2nd October, 2013. This program designed to increase skills in your professional field while growing intercultural competencies. Through continuous training and workshop, our programs will guide learners through a unique experience that will make them stand out to employers. Combining on-the-job experiential learning, structured reflection.

Consumer Awareness Programm

Samuhik Utthan Sewa Samiti organize awareness campaign programme at Kanpur on 10th October, 2013 & 1st November, 2013 are the common consumers in the country. Samuhik Utthan Sewa Samiti considers it of paramount importance to protect and safeguard consumer rights and to empower and educate every consumer so as to create an environment of quality culture and consciousness in the country.

Health Checkup Campaign

Health Checkup Camp at Yashoda Nagar, Kanpur on 14th November, 2013 and 5th December. It portrayed that people in the villages lack in knowledge of Health related issues and have very little knowledge about Health and Hygiene, little or no communication with Doctors regarding Different Health Problem. Our Teams (Dr. Hari Singh (Physician), Dr. Arun Uttam (BAMS), Dr. Sunil Gupta (BAMS) and Dr. P.K. Singh (Medical Examiner, LIC, Fatehpur) found that people of those area suffers from many communicable diseases like HIV, TB, Leprosy, Skin Diseases etc. Our extensive study showed that the level of knowledge and awareness about Health problem were extremely low among people in slum areas.



Cultural Programme



Samuhik Utthan Sewa Samiti organized one day annual cultural Program at C.S.A Memorial Education Center, Yashoda Nagar Kanpur on 26th January, 2014 for children with the support school. Children had came with thier parents. Vijay Kumar Singh (President of Samuhik Utthan Sewa Samiti) delivers the note of welcome to children and teachers, parents by stating the goal of the programme. We also organized same programme on occasions like Republic Day, Independence Day and Gandhi Jayanti to inculcate a sense of nation building and idealism.

Women Empowerment Programme



We conduct every year women empowerment courses. The courses offered in Tailoring & Beautician, typically range anywhere between 3 – 6 months, providing the students adequate knowledge to facilitate livelihood opportunities at the end of the training programme.

Technically sound trainers help and motivate the students to understand the smallest but critical technical knowhow of the desired skill development programme. The students are also provided tips on kick starting their livelihood through self

employment opportunities.

Welfare of Old aged People Programme

Care of the sick and destitute is a complex process. The risks from disability, chronic illness and destitution are a process exacerbated by poverty and other forms of structural inequalities. Cultural patterns, prevailing attitudes and expectations - all need to be factored in while homing in on a model of appropriate care. We believe in ensuring that a person who is not fully capable of self-care can maintain the highest possible quality of life, according to his or her individual preferences, with the greatest possible degree of independence, autonomy, participation, personal fulfillment and human dignity.

We also believe that their first right is to reside with their own families if possible. Hence, our aim is to give them medical and supportive care till they are capable of being rehabilitated with their families. In this way, Samuhik utthan Sewa Samiti has been instrumental in restoring several sick and infirm persons to their families.

Adult Education Programme



We conduct adult education workshop time to time at our Kanpur center. Get information about the adult education provided by the Department of School Education and Literacy, Ministry of Human Resource Development (MHRD). Users can access information related to the background of adult education, literacy status, review of the National Adult Education Programme and National Literacy Mission etc. Information related to the Directorate of Adult Education is also given.

Adolescent Development Programme

Communication, Awareness and Advocacy encourages interaction and dialogue among adolescents, their parents and community leaders. Different types of forums with mothers, parents and community heads create the foundation for a supportive communication network. This formalised communication network not only helps ensure that the voices of adolescents are heard but also provides transparency to community attitudes supporting adolescent development. The community members in rural areas are often ignorant about children's rights, importance of girls' education and many other adolescent issues. Therefore it is essential to bring the entire community under one roof to raise awareness about adolescent issues.

Self Help Group Campaign



A Self-Help Group (SHG) is a registered or unregistered group of micro entrepreneurs having homogenous social and economic background, voluntarily coming together to save regular small sums of money, mutually agreeing to contribute to a common fund and to meet their emergency needs on the basis of mutual Help.

Samuhik Utthan Sewa Samiti has launched a large campaign to form Self Help Groups in rural areas of district Kanpur Nagar . Till date 2013 women comprising 50 Self help groups has been formed and linked with the banks . It is revealed that there will be 50 more SHG in the coming months.

Anti Female Foeticide Programme

Samuhik Utthan Sewa Samiti strongly believes in mobilizing an ideological movement against female foeticide, female infanticide and gender inequality in order to eradicate the social evils prevailing in the society since decades. There appears no quick and easy solution to the evils, but it is possible to reduce gender inequality, which lies at the core of female foeticide by challenging the patriarchal outlook of the society of bearing a male child and to create a culture that celebrates equality.

Gender ratio is gradually decreasing every decade instead of getting equal. It is the most shocking fact that the innovative and high end technologies are contributing to killing of the girl child by determining the pre-natal sex test. The need of the hour is to realize our responsibilities and give a halt to this evil.

ICT Training and Workshops

The rural youth, Girls have little or no exposure to e-learning leave aside the challenges of training youth in ICT skills and giving them meaningful employment opportunities. Many of them have not seen computers as schools in the rural areas provide no such learning. Any desire for e-learning means going to Kanpur Nagar which may be beyond their means.



The Computer Literacy Programme exposes rural children to e-learning and trains youth, Girls in ICT skills. Equipped with a modern computer, Samuhi Utthan Sewa Samiti has run the ICT course. Windows Vista, MS office, Database management system, Internet, Personal Information Manager, etc., are part of the months, two hours-a-day curriculum. It is an

audio visual programme supported by a facilitator.

The end of the programme Samuhi Utthan Sewa Samiti has distribute the certificate to all participant is complete the course.

Handicraft & Industrial Training Programme

The Samiti has setup SABALA Help Centers (SHC) across the district and state to reach out to the needy women seeking a platform for developing skills offering them to livelihood opportunities. SHC offers training in skills such as Tailoring, & Beautician keeping in mind the weak education background of the targeted women. SHC are professionally run in terms of its operations and the course delivery. The students of the SHC undergo a rigorous skill training on the above mentioned skills for a period of anywhere between 3 months to 1 year based on the level of skill course/program enrolled for. The students undergo an examination at the end of the scheduled training and are awarded a Certificate based on the evaluation on successful completion of the training.

The SHC students are provided the know how of the various livelihood opportunities (employment / self employment) including tips for becoming a successful entrepreneur, post their certification.

The Samiti boasts of empowering and providing livelihood opportunities to more than 50 women across the since the project inception.

Right to Education Programme (RTE)

Samuhik Utthan Sewa Samiti Organised awerness programme at our center on 5th September, 2013, the programme saw the presence of 60 people consisting of parents, teachers and academicians. Discussions on problems and challenges of RTE implementation and its loopholes were held. All institutional members including president (Vijay Kumar Singh) are present in this programme.